



# **Backyard Race Horse: The Training Manual: A Comprehensive Off-Track Program for Owners and Trainers**

*Janet Del Castillo, Lois Schwartz*

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From training horses at the farm to hauling livestock and equipment to the race track, this hands-on manual covers everything a competent horse owner needs to know to get involved in horse racing. Extensive discussions examine how to exercise horses, keep a horse sound, and prepare for the race. Specifics on monitoring horses' legs, dispensing medication, and track personnel round out this in-depth manual. Included is a directory of thoroughbred racetracks and organizations.

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