

Secrets of the World Class by Steve Siebold

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Steve Siebold is a "world class" guy who has written a "world class" book about how to turn mediocrity into greatness. Here's what he had to say: "Starting in 1984, I spent every free moment conducting interviews with champions, reading their books and studying everything I could get my hands on about psychology of peak performance. My friends said I was obsessed. They were right. This book is the result of my 20-year obsession."

Steve is an internationally recognized expert in the field of peak performance and mental toughness. He's spoken to many Fortune 500 companies and other companies around the world. Also, he was recently on the Larry King show and the Today Show sharing what he has learned in his search for the keys to greatness. Here's a small sampling from 27 highly motivational chapters:

- * Champions are driven by emotional motivators
- * The great ones chose discipline over pleasure
- * Middle class vs. world class
- * The great ones believe they cannot fail...they can only learn and grow
- * The great ones take responsibility
- * Champions have an immense capacity for world class concentration
- * Common sense is the foundation of high performance
- * The great ones make the complicated simple
- * Champions are driven by a world class belief system

"If you're totally satisfied with your life, don't bother to read this book. However, if you wish to be more than you are...if you wish to be great at what you do, this book can change your thinking...thus, your life!" Mac Anderson Founder, Simple Truths

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