



Gay Men Don't Get Fat

Simon Doonan

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Simon Doonan knows that when it comes to style, the gays are the chosen people. A second anthropological truth comes to him midway through a turkey burger with no bun, at an otherwise hetero barbecue: Do the straight people have any idea how many calories are in the guacamole? In this hilarious discourse on and guide to the well-lived life, Doonan goes far beyond the secrets to eating like the French—he proves that gay men really are French women, from their delight in fashion, to their brilliant choices in accessories and décor, to their awe-inspiring ability to limit calorie intake. A Gucci-wearing Margaret Mead at heart, Doonan offers his own inimitable life experiences and uncanny insights into makes gay people driven to live every day feeling their best, and proves that they have just as much—and possibly better—wisdom, advice, and inspiration beyond the same old diet and exercise tips.

So put down that bag of Pirate's Booty and pick up this fierce and fabulous book. From slimming jaunts through Capri in the evening to an intrepid "Bear" hunt (if you have to ask, you have to read this book and find out for yourself), *Gay Men Don't Get Fat* is the ultimate approach to a glamorous lifestyle—plus, you are guaranteed to laugh away the pounds!

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Christina Fitts:

A lot of people always spent their particular free time to vacation or perhaps go to the outside with them household or their friend. Do you know? Many a lot of people spent that they free time just watching TV, or perhaps playing video games all day long. If you need to try to find a new activity honestly, that is look different you can read a book. It is really fun for you personally. If you enjoy the book you read you can spent the whole day to reading a reserve. The book Gay Men Don't Get Fat it is extremely good to read. There are a lot of people that recommended this book. These people were enjoying reading this book. When you did not have enough space to deliver this book you can buy often the e-book. You can m0ore simply to read this book out of your smart phone. The price is not too costly but this book possesses high quality.

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