



# Spin the Plate: A Novel

*Donna Anastasi*

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## **Spin the Plate: A Novel** Donna Anastasi

"Spin the Plate" is a heroic story of one woman's emotional, spiritual, legal, and ultimately romantic journey as she fights to heal the wounds of familial sexual abuse. Jo is a survivor of a bleak and abusive childhood. She channels her pain and rage into weight training and roams the streets of Boston at night as a powerful vigilante. While she is more than capable of defending herself against physical danger, she is defenseless against the memories of the past that torment her. Francis is a mysterious man she meets on the subway train. An average-guy hero, he battles to win the battered heart of a tough, wary, less-than-perfect heroine. "A fast-paced, edgy, darkly comic tale of resilience, romance, and redemption that breaks over you in waves. All you can do is gasp, stay afloat, and enjoy the ride." -- Holly Robinson, author of Haven Lake The novel has won awards for Contemporary Romance, Cross Genre Fiction and Women's Literature. A feature-length film based on the novel is in post-production.

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