



Grabbing a Spoon

Sheely Mauck

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Through a collection of vignettes, beginning with polio, her childhood adoption, and arrival to the U.S, author Sheely Mauck recounts her desires, dreams, setbacks, and experiences grappling with relationships, body image, sex, and the world of online dating. From Bangalore, India to the Pacific Northwest, Sheely encounters a series of characters based (mostly) on lived experience, including the 5th grade boy crush and the caffeine-free, sugar-free vegan she agrees to go on a first date with, all while weaving in her love of song lyrics, humor, and pop culture. *Grabbing a Spoon* balances the monologues of harsh inner critics, doubt, and unrequited love with resounding courage, personal growth, and optimism for what could be. It is ultimately a story of one young woman's path to self-acceptance and understanding that regardless of ability or disability, beauty or circumstance, love is out there, ready to be taken, embraced, and devoured.

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