



Hormone Reset Diet 2: 30+ Delicious and Proven Recipes to Boost Metabolism and Kick-start Your Weight Loss in 7 Days (Hormone Reset Diet, Hormonal Imbalance, ... Cure, Hormone Cookbook, Hormone Recipes)

Laura Bennett

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30+ Delicious and Proven Recipes to Boost Metabolism and Kick-start Your Weight Loss in 7 Days

*****Proven Recipes from Breakfast to Dessert to Lose Weight Rapidly*****

Today only, get this Amazon bestseller for just \$0.99. Regularly priced at \$6.99. Read on your PC, Mac, smart phone, tablet or Kindle device.

This book is made to support those who are practicing the diet and are having a confusion or problem with their meal plans. You want recipes and less chit-chat? This book has exactly what you need!

In this book, you will find an excellent selection of hormone reset recipes that are simple to make as well as taste great! This recipe book contains 30+ surprisingly easy recipes that are constructed so you can mix and match them as per your own preference.

The book offers ample choices for those who desire to follow strict hormone reset diet. This way, you won't get tired of eating the same dish over and over again. This will boost your habit of sticking to the diet to become a new healthier you.

Here Is What You Will Be Benefited From Inside...

This book serves you delicious recipes to assist you in your Hormonal Reset journey. Expect:

- Radical weight loss
- Raised energy level
- Improved skin quality


Here Is A Quick Peak Of Recipes You'll Learn Inside...

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- Rosemary Eggs
- Shrimp Ceviche
- Apple chicken sausage
- Chicken Cutlets with Cherry Salsa
- Mango Salsa & Salmon Tacos
- Cinnamon popcorn
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- Much, much more!

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Barbara Bell:

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