



# Brain Boosters: 20 Minutes a Day to a More Powerful Intelligence

*Win Wenger*

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## **Brain Boosters: 20 Minutes a Day to a More Powerful Intelligence** Win Wenger

Do you want a sharper edge? Do you want to improve your abilities? Are you a goal setter with specific purposes in mind? Do you want to develop more passion for your ideas, to see them blossom into a reality that brings you the success you deserve? How does increasing your intelligence tie into all this and can, in fact, your intelligence be increased?

Throughout *Brain Boosters*, you will be given resources that will help you improve your intelligence. Resources that will let you do so as easily and conveniently as possible. Dr. Win Wenger, co-author of the popular Nightingale-Conant program *The Einstein Factor*, will provide a series of practical theories and exercises that you can use for as little as 20 minutes per day and make meaningful gains in your genius abilities. Or you can make further gains even more rapidly by investing more than 20 minutes per day in these practices. You'll learn that the possibilities, like your intelligence, are limitless.

Win's teachings on genius are rooted in a simple philosophy - you get more of what you reinforce. Have you ever started to have an idea, didn't do anything about it at the time, didn't write it down and it slipped away and disappeared, and you simply forgot it? There is tremendous value in each and every one of your ideas and thoughts. Each time you respond in some specific way to one of your own ideas, you reinforce the behavior of being more creative, more intelligent. In *Brain Boosters*, Win will show you how this simple idea of reinforcing your creative ideas is directly tied into increasing your intelligence, complete with many exercises to reinforce these ideas.

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