



The Way Back Home: Clearing the Energy of Our Emotional Wounding

Bonnie Serratore

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The Way Back Home is the first book devoted exclusively to what Eckhart Tolle calls the "pain-body," which consists of the energy of the emotions we have suppressed that remain in our personal energy field. It is our pain-body that keeps us in the pain of our ego and prevents us from being completely present. The Way Back Home presents the work of Bonnie Serratore, who was born with the ability to see emotional energy and therefore can actually see the pain-body. Ms. Serratore draws on her twenty-four years of experience as an emotional energy healer to provide a step-by-step description of how we physically can clear the energy of our past wounding in order to live freely and joyfully in the present.

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