



The Good Life: Aspiration, Dignity, and the Anthropology of Wellbeing

Edward F. Fischer

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What could middle-class German supermarket shoppers buying eggs and impoverished coffee farmers in Guatemala possibly have in common? Both groups use the market in pursuit of the "good life." But what exactly is the good life? How do we define wellbeing beyond material standards of living? While we all may want to live the good life, we differ widely on just what that entails.

In *The Good Life*, Edward Fischer examines wellbeing in very different cultural contexts to uncover shared notions of the good life and how best to achieve it. With fascinating on-the-ground narratives of Germans' choices regarding the purchase of eggs and cars, and Guatemalans' trade in coffee and cocaine, Fischer presents a richly layered understanding of how aspiration, opportunity, dignity, and purpose comprise the good life.

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