



La cocina rápida de Lorraine Pascale: 100 recetas frescas, deliciosas y hechas en un plisplás (Spanish Edition)

Lorraine Pascale

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¿Te faltan horas para preparar la comida?

Si tu problema con la cocina es el tiempo, con este nuevo libro de Lorraine Pascal se acabaron las excusas.

«El objetivo de este libro ha sido crear una obra que la gente consulte una y otra vez. Un libro de recetas para gente ocupada que ama la buena comida y quiere preparar algo rápido y fácil, con ingredientes accesibles, para impresionar a la familia y a los amigos.»

Lorraine Pascal

La cocina rápida de Lorraine Pascal presenta 100 nuevas recetas fáciles, adaptadas a tu ritmo, para todos los gustos y, sobre todo, pensadas para cuidarte. Desde unas chuletas de cordero glaseadas con hierbabuena, almendras tostadas, queso feta y cuscús para esos amigos que se presentan en casa de improvisto; a unas alitas de pollo untadas con salsa barbacoa, un plato clásico pero con su estilo elegante; o unos ñoquis salteados de mascarpone con pesto de albahaca para una comida de diario sencilla. Lorraine Pascal sigue dispuesta a enseñarnos sus mejores trucos y recetas para disfrutar de una comida sana.

Este es el libro perfecto para los cocineros sin tiempo que no quieren renunciar a comer bien, para los más caseros siempre en busca de la mejor receta para cada ocasión o para los reposteros amantes de la creatividad y las nuevas ideas.

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