



# Sick Idiot

*Ashley Boynes-Shuck*

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## **Sick Idiot** Ashley Boynes-Shuck

From trips to see Oprah to trips to the emergency room, herein lie the sometimes-funny, sometimes-ridiculous, sometimes-inspiring, but always-true stories of Arthritis Ashley and her ups and downs while navigating life with chronic illness. After dealing with invisible illness since childhood, Ashley has learned to stay smiling, stay positive, and keep a sense of humor through all of life's unpredictable twists and turns — and she's definitely more than a Sick Idiot. From hit- lists, to hospitals, to hair salons, there is never a dull moment or a right way to be sick. Limp along as we observe a journey that hasn't always been easy — but has always been worth it.

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