

The Goose Is Out: Zen in Action

Osho

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There is a famous Zen story about a disciple, Riko, who once asked his master Nansen to explain to him the old Zen koan of the goose in the bottle. Namely, if a man puts a gosling into a bottle, and feeds the gosling through the bottle's neck until it grows and becomes a goose – and then there is simply no more room inside the bottle — how can the man get it out without killing the goose or breaking the bottle? In response, Nansen shouts "RIKO!" and gives a great clap with his hands. Startled, Riko replies, "Yes master!" And Nansen says, "See! The goose is out!"

In this Zen-flavored series of responses to questions, the contemporary mystic Osho cuts through the mad complexity of the contemporary human mind and its self-created "problems" with humor, compassion, and even an occasional shout and clap of his hands. The goose in the questioner's bottle may be a philosophical problem or an existential dilemma, a relationship drama or an emotional crisis — in each case, Osho's unique and transformational response sets the goose free, allowing us to rediscover the simple and innocent clarity each of us brings with us when we



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Playing with family in the park, coming to see the ocean world or hanging out with friends is thing that usually you could have done when you have spare time, after that why you don't try thing that really opposite from that. Just one activity that make you not feeling tired but still relaxing, trilling like on roller coaster you are ride on and with addition info. Even you love The Goose Is Out: Zen in Action, it is possible to enjoy both. It is great combination right, you still desire to miss it? What kind of hang type is it? Oh come on its mind hangout fellas. What? Still don't buy it, oh come on its identified as reading friends.

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