



Master it: How to Cook Today

Rory O'Connell

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Master it: How to Cook Today Rory O'Connell

Winner of the Andre Simon Food Book Award. A personal cookery lesson from one of our finest cookery teachers. Nowadays we seem to know a lot about food, but much less about actual cooking. In Master It, Rory O'Connell, co-founder with Darina Allen of the Ballymaloe Cookery School, will teach you simple but essential skills to make you a truly good cook. At the heart of his approach are good ingredients, carefully prepared, and used in recipes that are tried, tested, carefully measured, and full of the essential tips and details that will make your dishes a success. Each chapter will teach you a particular technique - preparing a soup, roasting meat, making biscuits - and include a collection of fresh, seasonal recipes to use it in, from wild garlic soup, to roast pork with fennel seeds, chilli and garlic, to caramel and almond thins.

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