



3 Spectacular Books on Healing Powers of Honey, Benefits of Coconut Oil and Health Value of Fruit Diet (Powerful Natural Healers - 3 Books Boxed Sets Book 30)

Sukhmani Grover

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Book # 1 - Honey & Its Miraculous Healing Powers

This Book will Tell you everything you have wanted to know about the Miraculous Healing Powers of Honey. You will discover why you need to make it a part of your daily diet and how a few spoons of honey daily can make you much healthier and stronger. This is what you can expect to get from this book -

- **How to Lose Fat and Effectively Lose a Lot of Weight Quickly and Easily With Honey**
- **How to Use Honey To Enhance Your Beauty and for Skin Care**
- **How Honey Increases Your Immunity and Resistance to Diseases**
- **How Honey is Better than Sugar for Diabetics**
- **The Miraculous Wound, Cut and Burn Healing Ability of Honey**
- **How Honey Increases your Stamina and Acts as a Wonder Food for Athletes**
- **The Sleep Inducing Power of Honey**
- **How honey can help in better food digestion**

Book # 2 - Amazing Health Benefits of Coconut Oil

Discover the Amazing and Unbelievable Little known Health benefits of Coconut Oil. This book debunks all the myths that you might have associated with this oil and serves as an authoritative guide on the numerous benefits that you will be able to enjoy once you adopt this oil in your diet. Here is an overview of what you will discover in this book :

- **Discover how this amazing Oil can help you Lose Weight**
- **Debunk Some Popular Myths About Coconut Oil**
- **The Applications of Coconut Oil in Skin Care, Hair Care and a Wide Variety of Other Uses**
- **How Coconut Oil Boosts Your Immunity and Stimulates the Thyroid Function**
- **How it Can Contribute to Keeping Diabetes and Cardiac Diseases under Check**
- **Find a great list of Lesser known but Important and Innovative Uses of this Oil**
- **Know more about the Physical Properties and Components Of Coconut Oil**
- **Differentiating Between Ordinary and Virgin Coconut Oil**
- **What Makes this Oil Special and Different from all other Oils**

The book offers a great chance to uncover some lesser known facts about coconut oil which will propel you to make it a part of your daily diet. I feel privileged to share with you the knowledge that I have gained about this amazing natural healer and health aid.

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Book # 3 - Discover Why Apples, Bananas, Mangoes and Oranges Will Go To Heaven?

- **Find out how apples can boost your immunity, help reduce cholesterol, help regulate blood sugar, fight cancers, save you from harmful impact of free radicals, aid in preventing cataract, control your blood pressure and a variety of other ways it can boost your health.**
- **Uncover the truth about how bananas can improve your digestion, help remove stomach ulcers, provide relief from acidity and heart burns, stabilize your blood sugar, make you more intelligent, prevent kidney cancers, lower your body temperature in fever, help you quit smoking and other ways in which they boost your health.**
- **Delight yourself with the knowledge of how mangoes can save you from various cancers, lower down the levels of bad cholesterol, help maintain body's alkaline balance, help regulate your insulin levels, boost immunity, prevent heat strokes, help find dandruff and much more.**
- **Familiarize yourself with various health benefits of oranges like how they can keep your arteries clean, prevent all kinds of cardiovascular problems, save you from different kinds of cancer, keep your blood sugar levels in check, help you have lovely hair, keep constipation at bay, save you from viral infections and other ways it can add to your health and vitality.**

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