



**Low Carb High Fat Recipes for the 1.5 - 2 Quarts
Slow Cooker Top 30 Healthy and Delicious
Crockpot Recipes for Weight Watchers and For
Those Who Just ... fat cookbook, low carb high
fat,) (Volume 1)**

Sofia Smith

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Low Carb High Fat Recipes for the 1.5 - 2 Quarts Slow Cooker Top 30 Healthy and Delicious Crockpot Recipes for Weight Watchers and For Those Who Just Love Healthy Eating

You look for recipes for your slow cooker and unfortunately, the recipes you find are way too large for your single serve slow cooker that is only 1.5 to 2 Quarts? To make matters worse, you might be on dietary restrictions that call for you to eat only low carbohydrate, high-fat foods? You try to figure out how you can cut down the recipe for your smaller, portion friendly slow cooker and what recipes suit your diet better?

So in this book you will find 32 low-carbohydrate, high-fat recipes that will satisfy your cravings as well as reduce your amount of leftovers with your small Electric slow cooker!

Get out your 1.5-2 quart slow cooker and enjoy a home-cooked, healthy meal that follows your diet requirements.

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